

Formstack Submission For: Boards and Commissions

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Name:

Tiffany Banks



Which Board or Commission Are You Applying For?:

Board of Adjustment

Are You Familiar With the Master Plan and/or Ordinances of the

City of Northglenn? What About Similar Plans or Ordinances in Other Communities?

Please List:

I am beginning to familiarize myself with the regulations and city charter for the City of Northglenn. This would be my first time being involved in the workings of the city itself.

Have You Ever Attended Any of the City's Boards or Commissions or City Council Meetings? How I have attended the Parks and Rec subcommittee meeting and one Parks and Rec committee in regards to Croke Reservoir. I am the vice chair for the state Board of Social Work Examiners, the president of the board for a local non for profit (Sibling Tree), and the Policy Chair for the board of About Any Similar Meetings in Other Communities? Please List: directors for the Sibling Leadership Network which is a national non for profit advocacy organization.

Please List Any Civic Activities in Which You Have Been Involved: I engage in a host of volunteer activities, specifically target disability rights and environmental protections. I have volunteered with the Colorado 14ers initiative for 2 years now, completing trail restoration on our heavily traveled trails in the alpine regions. I serve at the Policy and Advocacy Chair and sit on the research committee for the Sibling Leadership Network. In the past, I was the vice chair for the Garfield County Democratic Party and have participated in the state convention for the party twice.

Please List Your Specialized Business Skills or Education:

PROFESSIONAL SUMMARY

Clinical Social Worker with experience working with co-occurring disorders such as developmental disabilities, chronic health conditions, and emotional disabilities. Dedicated to supporting children with Autism Spectrum Disorder and their families and communities.

EDUCATION

Niagara University - Niagara University, NY Bachelor of Science – Social Work, May 2008 University of Maryland, Baltimore – Baltimore, MD Master of Social Work – Maternal and Child Health, July 2009

CERTIFICATION

Licensed Clinical Social Worker – Colorado # CSW09923805

Basic Life Support Provider (2016-Present)
SibShops 1st generation facilitator (2018-Present)
Safety Care Specialist (2017 - Present)
Drum Circle Leadership Certification (2014)
Early Childhood Mental Health Certification (2011)
Social Emotional Foundations in Early Learning
(SEFEL) Training for trainers (2011)
School Social Worker (Formerly licensed in
Colorado and Maryland)

CLINICAL EXPERIENCE

Children's Hospital Colorado, Neuropsychiatric

- Specialty Care- Aurora, CO Behavioral Health Clinician (06/16- Present, 40 hours weekly)
- Conducted research and engaged in academic writing
- Provided family interventions through therapeutic and psycho educational modalities on TEACCH, ABA, and CBT for families
- Facilitated parent support groups and family psychoeducational sessions
- Supported training and growth for Mental Health Counselors and Social Work Interns in area of personal expertise
- Mind Springs Health Inc Grand Junction, CO Clinician III (10/15-06/16, 8 hours weekly)
- Provided individual outpatient mental health treatment for adults with varying mental health issues
- Conducted crisis assessments and initial mental health evaluations for new patients Garfield County Public Schools - Rifle, CO School Social Worker (8/15-06/16, 36 hours weekly)
- Co-developed and facilitated training on Threat and Suicide prevention in schools
- Demonstrated leadership through interactions on multi-disciplinary teams (MTSS, RTI, etc.) and through supervision of Master's level concentration year Social Work student
- Active participant and trainee of the Garfield County Autism Assessment Team Jefferson County Public Schools - Westminster, Co Special Service Provider – Social Worker (1/15-08/15)
- Awarded and managed \$4,000 Positive School Climate Grant
- Developed and implemented structures for emotional disability classrooms through interdisciplinary coordination and leadership
- Member of school-wide Positive Behavior Intervention and Strategies committee Sheppard Pratt Health Systems, Hannah More School – Reisterstown, MD School Social Worker (08/12-12/14, 40 hours weekly)
- Facilitated therapies for students with autism spectrum disorder or other identified emotional disabilities including Cognitive Behavioral Therapy, Drum Circle, Drug and Alcohol Treatment, Drama

Therapy, and Trauma Focused CBT

- Launched staff trainings and supports on Positive Behavior Intervention Strategies
- Co-led Parent Support Group for families raising a student with a disability

Kennedy Krieger Institute, Fairmount School – Baltimore, MD

Social Worker I (Temporary) (04/12-08/12, 40 hours weekly)

- Provided group therapy and individual therapy for students with dual diagnosis of Autism Spectrum Disorder and Emotional Disorder
- Achieved goals and objectives on IEP through clinical interventions

University of Maryland, Center for Infant Study – Baltimore, MD

Counselor (11/10-04/12, 40 hours weekly)

- Utilized evidenced based practices to provide therapy for children under that age of five
- Participated in grant funded projects in Early Childhood Intervention through mental health consultation in Baltimore City Public Schools
- Implemented training programs for teachers and day care providers within the community to enhance positive environments and relationships
- Supervised day to day activities of Bachelor's level Social Work students within the school setting

ACHIEVEMENTS

Allies in Leadership, Policymaking & Systems Change (2017 graduate, 2018 facilitator) Colorado DORA Board of Social Work Examiners (Board member, 2017-Present; Vice Chair, 2018 – Present)

Sibling Tree Board Member (2016-Present), President of the Board (2018 – Present) Kennedy Krieger Institute, Maternal and Child Health Bureau - Leadership Education in Neurodevelopment (LEND) (Fellow 2009) Founding Sponsor of Niagara County Aktion Club (2008)

Phi Alpha Honor Society (Member 2006, Secretary 2007)

PUBLICATIONS

Banks T, Sannar E, Matheson M, Touchette E, Gabriels R. (Under Review). Factors of Parental Stress Among Parents of Children with Autism Spectrum Disorder in Psychiatric Hospital Settings.

Germone M, Gabriels R, Guerin N, Pan Z, Banks T, O'Haire M. (2019). "Animal-assisted Activity Improves Social Behaviors in Psychiatrically Hospitalized Youth with Autism." Autism. https://doi.org/10.1177/1362361319827411

PRESENTATIONS

Banks T. Glass Children: Sibling Supports and Resources (2019)

Banks T and DeVries L. Siblings of Children with Autism (2019)

Sponaugle T and Tucker S. Disability in Media (2018)

Sponaugle T and Mowrey L. Introduction to Special Education (2017)

Sponaugle T and Alcorn A. Milieu Management and Positive Behavior Strategies for the Classroom (2017)

Sponaugle T, Vasquez J, and Ouedraogo A. Threat Assessment Policy and the Claire Davis Act. (2016) Sponaugle T. Introduction to PBIS (2014) Panel Presentation "What About Me" a sibling perspective for Leadership Education in Neurodevelopment (2009-2014) Sponaugle T. Working with Children with Dual Diagnosis: Foster Parent Training (2010)

COUNCILS AND COMMITEES

Sibling Leadership Network (2017-Present)
Research Committee
Sibling Leadership Network (2019-Present) Chair of
Policy and Advocacy Committee

EXTRACURRICULAR ACTIVITIES

3W Race Series (2018) Volunteer

Colorado Fourteeners Initiative (2017-Present)

Volunteer

Children's Hospital Colorado's Teddy Bear Clinic at

the Zoo (2017-Present) Volunteer

Mile High Lab Rescue (2017- Present)

Volunteer/Foster Home

Endurance Races Series (2016-Present) Volunteer

Sibling Tree (2016-Present) Volunteer

Therapy Dogs Inc. Animal Assisted Activities team

and volunteer (2016)

Employer: Children's Hospital Colorado

Occupation: Social Worker

What Traits or Characteristics Do You Feel Can Offer in Problem Resolution? Please List: As a professional social worker, I feel that my background lends itself to conflict resolution and problem solving well. I use these skills in my job daily as I work to address state and national problems as they relate to people with disabilities. I enjoy understanding problems from the root, looking at data from several angles. My background in research has taught me to be an educated consumer of statistics and data. I frequently will ask questions about lurking variables that could also be a factor in a problem. I am comfortable in situations in which we may discuss ethical or social issues. Overall, social workers make great civic leaders and I am interested in sharing that with my local community.

Briefly Describe
Your Interest in
Serving on This
Board or
Commission. Feel
Free to Indicate
Any Areas of
Expertise,
Background,
Concerns and/or
General
Information That
May Be
Applicable.:

I am interested in serving on the board to get first hand knowledge of how our city works. I am interested in becoming involved, with an ultimate goal of running for office in some capacity in the future. I will be transitioning to a full time PhD student this fall, and I feel this is great time to increase my volunteer work in Northglenn. Right now, a lot of the volunteer work I do I outside of Adams County. I am involved with my political party, but I really have an interest in working in a bipartisan environment in which we are solving the problems in our community.

Are You Related to Any Employee, Appointee or Elected Official of the City of Northglenn? If So, Please List Them Here:

No

If You Receive
Favorable
Consideration
For an
Appointment to a
Board or
Commission,
Would Your

These meetings are scheduled on the third Tuesday of the month, which will fit my schedule. I do not anticipate missing any meetings in the near future.

Schedule Allow You to Attend These Meetings? If Not, Identify The Number of Meetings You Would Likely Miss:

By Filling Out
This Application,
You Have The
Option of
Selecting
Additional
Boards or

Commissions of Interest. Please Check Other Choices as Appropriate (Select as Many

as Apply):

Election Commission

Parks and Recreation Advisory Board

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