



## PROCLAMATION

- WHEREAS,** on behalf of the citizens of the City of Northglenn, we join Nickelodeon, the Alliance for a Healthier Generation, and the Boys & Girls Clubs of America in celebrating Worldwide Day of Play and in ensuring that today's generation of kids become one of the healthiest; and
- WHEREAS,** Worldwide Day of Play is an entire day dedicated to the celebration of being active and living healthy that encourages kids and families to get up off their couches and get outside for a day of exercise and fun in their community; and
- WHEREAS,** the rates of childhood obesity are rising at alarming rates; and
- WHEREAS,** conditions not usually seen until adulthood such as heart disease, diabetes, elevated cholesterol and high blood pressure are becoming more prevalent in children; and
- WHEREAS,** physical activity and good eating habits are an important component to living healthy lifestyles and reducing disease; and
- WHEREAS,** the City of Northglenn is committed to working to support kids in becoming a healthy and active generation.

**NOW THEREFORE, I, Kathleen M. Novak, Mayor of the City of Northglenn, Colorado, do hereby proclaim Sunday, September 29<sup>th</sup>, 2007, as**

### WORLDWIDE DAY OF PLAY

in the City of Northglenn and urge youth and families to Go Healthy by engaging in healthy behaviors such as walking, playing games, hiking, cooking healthy meals, and other activities as part of a healthy lifestyle.

DATED, at Northglenn, Colorado, this 27<sup>th</sup> day of September 2007.

KATHLEEN M. NOVAK  
Mayor

