



PROCLAMATION

- WHEREAS,** nearly 58 million American adults, more than 1 in 5, live with a mental health condition; and
- WHEREAS,** mental health impacts a person’s emotional, social, environmental, financial, and overall well-being, with significant disparities among racially and ethnically diverse communities; and
- WHEREAS,** suicide is the second leading cause of death among youth aged 10-14 and the third leading cause of death among those aged 15-24 in the United States; and
- WHEREAS,** we must recognize the importance of education, treatment, and support for those experiencing an emotional crisis or mental health conditions to avoid devastating outcomes such as suicide, substance abuse, disability, unemployment, and homelessness; and
- WHEREAS,** people with mental health conditions are overrepresented in our nation’s jails and prisons, and mental health care reduces the likelihood that an individual will be involved in the criminal justice system; and
- WHEREAS,** taking small steps to improve your mental health can have a huge impact on your overall well-being, and mental health treatment – therapy, medication, self-care – have made recovery a reality for most people experiencing mental health conditions; and
- WHEREAS,** we must work together to overcome and eliminate the discrimination and stigma that may deter individuals from seeking consistent support and adequate mental health treatment.

NOW, THEREFORE, I, Meredith Leighty, Mayor of the City of Northglenn, Colorado, do hereby proclaim May 2023 as:

MENTAL HEALTH AWARENESS MONTH

in the City of Northglenn and call upon residents and organizations to increase their awareness and understanding of mental health and the need for appropriate and equitable access to mental health services for all people.

DATED, at Northglenn, Colorado, this 8th day of May 2023.

MEREDITH LEIGHTY
Mayor

