



## Play Day Proclamation

- WHEREAS,** play is a crucial factor in the overall well-being of children, and play spaces and playgrounds within walking distance of children’s homes exist within our community; and
- WHEREAS,** unstructured, unplanned, spontaneous and self-motivated play is on the decline, and we would like to reverse that trend in our community; and
- WHEREAS,** we would like to encourage children to spend time outside at parks and playgrounds, with their friends, parents and other trusted adults; and
- WHEREAS,** children who play are healthier and suffer less obesity and obesity-related health problems such as diabetes and heart disease; and
- WHEREAS,** children who play do better in school and develop cognitive skills that are linked to learning and academic performance; and
- WHEREAS,** children who play learn the social skills that help them become happy and well-adjusted adults; and
- WHEREAS,** we encourage everyone in the community – adults, parents, schools, nonprofit organizations, businesses, churches, and all interested parties to raise this community’s awareness about play, and to help raise this community’s children to become healthy, happy and successful adults; and
- WHEREAS,** all citizens will be encouraged to continue to support and maintain playspaces and playgrounds for the well-being of this and future generations; and
- WHEREAS,** on July 4<sup>th</sup>, spend time playing with your family, in your neighborhood, at the July 4<sup>th</sup> Family Festival or in a local park. Special “Play Day” activities will be held on July 4<sup>th</sup> and everyone is invited to join in; and
- WHEREAS,** “Play” is practice, and practice makes perfect...now go out and play!

**NOW THEREFORE,** I, Carol Dodge, Mayor Pro Tem of the City of Northglenn, Colorado, hereby proclaim July 4, 2015 as a “Play Day” in the City of Northglenn, Colorado.

Dated, at Northglenn, Colorado this 9<sup>th</sup> day of March 2015.

---

CAROL DODGE  
Mayor Pro Tem

