



PROCLAMATION

WHEREAS, mental health is an essential part of overall health and well-being, and every person deserves access to compassionate care, meaningful support, and hope; and

WHEREAS, suicide affects individuals, families, friends, schools, workplaces, and communities across every age, background, and circumstance, leaving a lasting impact on those who have lost loved ones; and

WHEREAS, suicide is preventable, and open, honest, and respectful conversations about mental health can reduce stigma, encourage people to seek help, and remind those who are struggling that they are not alone; and

WHEREAS, recognizing the warning signs of emotional distress, listening without judgment, reaching out to someone who may be struggling, and connecting people with appropriate resources can save lives; and

WHEREAS, the City of Northglenn recognizes the strength and resilience of people who have experienced suicidal thoughts or attempts, those living with mental health challenges, and the families, friends, caregivers, and professionals who support them; and

WHEREAS, Suicide Prevention and Awareness month provides an opportunity to promote understanding, strengthen community connections, and share resources, including the 988 Suicide & Crisis Lifeline, which anyone may call or text at 988 or access at 988lifeline.org for free, confidential support at any time.

NOW, THEREFORE, I, Meredith Leighty, Mayor of the City of Northglenn, Colorado, do hereby proclaim September 2026 as:

SUICIDE PREVENTION AND AWARENESS MONTH

in the City of Northglenn and encourage all residents to learn the warning signs of suicide, speak openly and compassionately about mental health, reach out to those who may be struggling, and help build a community in which every person feels valued, supported, and connected to hope.

DATED, at Northglenn, Colorado, this 14th day of September 2026.

MEREDITH LEIGHTY
Mayor

