



PROCLAMATION

- WHEREAS,** despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and
- WHEREAS,** educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and
- WHEREAS,** men who are educated about the value that preventative health care can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and
- WHEREAS,** Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and
- WHEREAS,** the Men's Health Month website has been established at www.MensHealthMonth.org and features resources and information about awareness events and activities, including Wear Blue for Men's Health; and
- WHEREAS,** Men's Health Month will focus on a broad range of men's health issues including heart disease, mental health, diabetes, and prostate, testicular, and colon cancer; and
- WHEREAS,** the residents of Northglenn are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW THEREFORE, I, Antonio B. Esquibel, Mayor Pro Tem of the City of Northglenn, Colorado, hereby proclaim June 2019 as:

MEN'S HEALTH MONTH

in the City of Northglenn and encourage all of our residents to pursue preventative health practices and early detection efforts.

Dated, at Northglenn, Colorado this 10th day of June 2019.

ANTONIO B. ESQUIBEL
Mayor Pro Tem

