

PROCLAMATION

WHEREAS,

parks and recreation programs and facilities are fundamental to the well-being of our community. The quality of life for residents and visitors alike are enriched and enhanced by diverse opportunities for physical activity, social interaction, relaxation, education, and enjoyment; and

WHEREAS.

our many beautiful parks and trails invite us to spend time in nature, positively impacting our physical and mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

WHEREAS.

our recreational facilities provide space for popular sports such as basketball, baseball, pickleball, swimming, and many other activities designed to promote active lifestyles; and

WHEREAS.

programming and educational activities, such as youth sports, out-of-school programs, environmental education, pre-school programs, and various social activities are critical to childhood development and there are also a variety of activities that are social, inclusive, and accessible for older residents at the Senior Center; and

WHEREAS.

Parks and Recreation Month and Parks and Recreation Professionals Day is a time to honor the essential services provided by parks and recreation staff who foster a sense of belonging in the community by providing welcoming and inclusive programs for all ages and abilities, and safe, accessible spaces to build meaningful community connections and maintain healthy and vibrant lives.

NOW, THEREFORE, I, Meredith Leighty, Mayor of the City of Northglenn, Colorado, do hereby proclaim:

July as PARKS AND RECREATION MONTH and July 19th as PARKS AND RECREATION PROFESSIONALS DAY

in the City of Northglenn. I invite everyone to participate in our parks and recreation programs and activities and to visit our wonderful parks and facilities. Please also join me in expressing appreciation for the parks and recreation staff who make these such a vital part of our community.

DATED, at Northglenn, Colorado, this 24th day of June 2024.

MEREDITH LEIGHTY Mayor